

ACTIVITY INDEPENDENCE MEASURE - TRAUMA

12 ACTIVITIES

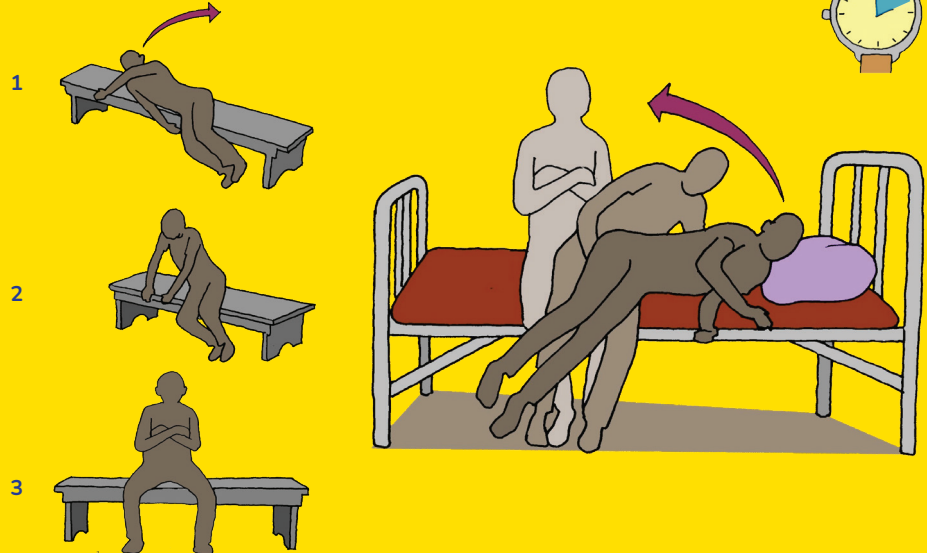
CORE

1 ROLL OVER



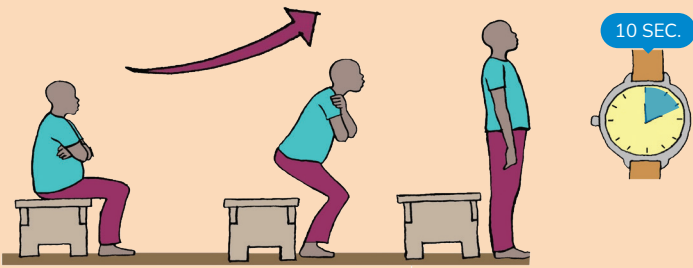
2 SIT UP AND REMAIN SEATED FOR 10 SEC.

10 SEC.

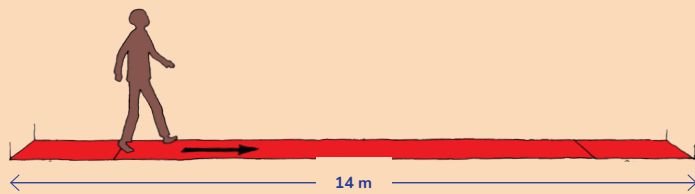


LOWER LIMB

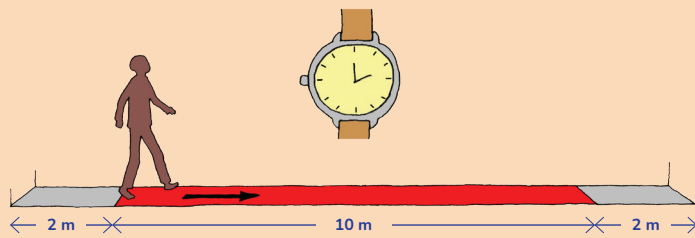
3 STAND UP AND REMAIN STANDING FOR 10 SEC.



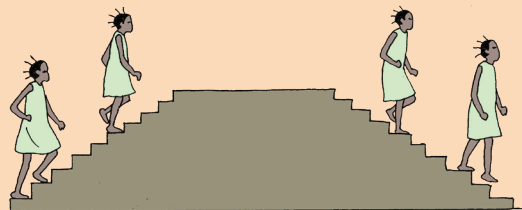
4 WALK/MOVE AROUND 14 METER



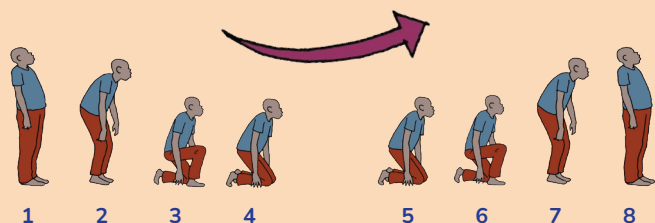
5 TIMED 10 METER WALK/MOVE AROUND



6 CLIMB UP AND DOWN 10 STEPS

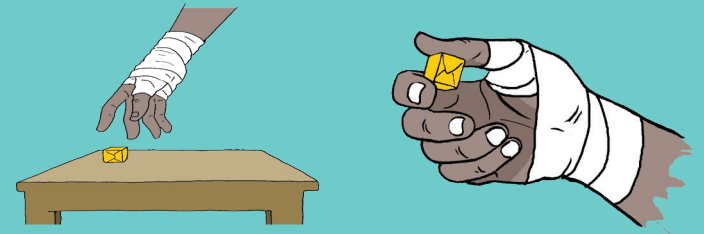


7 KNEEL DOWN AND STAND UP

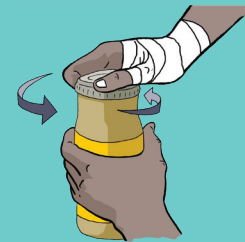


UPPER LIMB

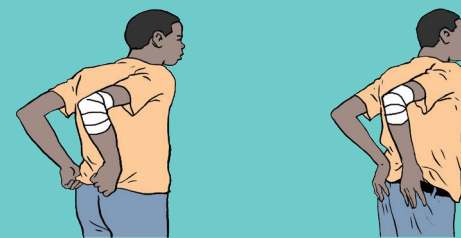
8 PICK UP A SMALL OBJECT AND MANIPULATE



9 OPEN A JAR/BOTTLE



10 REACH LOWER BACK AND GRASP CLOTHES



11 REACHING FACE AND NECK



12 LIFT AND CARRY 5KG ABOVE SHOULDER LEVEL

